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| **BARKING ROAD RUNNERS****COMMITTEE MEETING [via Messenger]****22nd January, 2024 (8 pm)** |
| **Present**: Alison Fryatt (AF, **Chair**), Greg Adams (GA), Rob Courtier (RC), Nikki Cranmer (NC), Dawn Curtis (DC), Isabel Pinedo Borobio (IPB, **Minutes**), Dennis Spencer-Perkins (DSP), Belinda Riches (BR) |
| **Apologies**:  |
|  Discussion Action |
| **Item 1** | **Minutes of last meeting (18th December, 2023)** |
|  | The minutes were agreed as a correct record of the meeting. |  |
| **Item 2** | **Matters Arising (from 18th December, 2023)** |
|  | ***18/12 Item 4:* Virtual Winter Handicap**DSP used information that GA sent over to calculate the handicap. Series started. ***18/12 Item 5:* Brentwood Half Marathon/Great South Run**Club members have been made aware that the Brentwood HM is a Grand Prix race and the Great South Run is a Club weekend away. ***18/12 Item 6: Website***The website is working fine, but there is an outstanding issue to resolve with the Committee email address. ***18/12 Item 9: AOB****Monthly social event – 17 people will gather for dinner on 26/01/24. Mick Davison will do the booking.* *Training run was done in Eastbrookend Country Park on Christmas Eve to familiarise the club members with the course of the Volunteers’ race which happened on 14th January.* |   |
| **Item 3** | **Review of Committee Standing Orders** |  |
|  | ***Item 3: Review of Committee Standing Orders***AF explained that she hadn’t had the time to prepare material to facilitate discussion of this issue, so this will be carried over to the February meeting. | **AGREED:**Item to be carried forward to February’s meeting. |
| **Item 4** | **Welfare content on the website (DC)** |  |
|  | The majority of the information about welfare from EA is not amendable and it has been uploaded already in the website. However, there are four documents that could be amended to match the current club conditions: 1st – Anti-bullying policy. EA material Includes a reference to promoting inclusion policy by working with external bodies. It was agreed that this wasn’t really practical for such a small club. 2nd – Disciplinary policy. This is already dealt with in the Club Rules but DC to review. 3rd – Social Media & Safety Policy  | **AGREED**:* Inclusion Policy reference to be removed from Club material as not relevant.
* Both documents to be compared and updated on the next meeting.
* It was agreed that the Club seems to be covered by the EA policy in terms of social media.

DC to re-edit these documents and re-issue them to the Committee for review at the next meeting.  |
| **Item 5** | **Update on London Marathon meeting hold on 18/01/24 (AF & RC)** |  |
|  | * No significant changes are expected.
* Volunteer portal should be open soon.
* Organization aims not to issue volunteer kits every year for environmental reasons.
* Pin badge will be issued, but a general ‘London Marathon Events’ one.
* Filling up points for water be set up on the course, on a trial basis.
* Several new policies and practices proposed for improving inclusion.
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| **Item 6** | **Grand Prix Races** |  |
|  | * Great Baddow 10 entries are opened.
 | **AGREED**:* Great Baddow race on 19/05/24 to be made a GP race.
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| **Item 7** | **Couch to 5K (DC)** |  |
|  | The idea of implementing the programme Coach to 5K at parkrun was discussed. It was agreed that BRR would come back to explore the possibilities of the implementation of this programme in spring, once further information about the practicalities was available.  | **AGREED**:* DC to get further information how other clubs implement this programme at parkrun.
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| **Item 8** | **Welfare Officer’s Report (DC)** |  |
|  | DC said that there was nothing to report this month, over and above the website content previously discussed.  |  |
| **Item 9** | **Membership Secretary’s Report (BR)** |  |
|  | Four new members had signed up during January.  |  |
| **Item 10** | **Treasurer’s Report (DSP)** |  |
|  | The latest major expenses were the food for the presentation night, cross-country fees, and website-related expenses. On 29/12, DSP deposited a cheque of £309.66, but it had not reached the bank, but it has been included in December accounts. |  |
| **Item 11** | **Any Other Business** |  |
|  | Clacton 10K –there was consideration of using this race as a GP but it was decided it was too far to travel. Nevertheless, it is kept in the calendar as BRR run. It was proposed to make Big Half (1/9/2024) a GP race, rather than Pleshey HM, providing Sikhs in the City has half price entries available this year. Current Club first aid is out of date – AF ordered a brand new first-aid kit. AF to pass the receipts to DSP and she will be reimbursed for it, alongside with the course-marking spray purchased for the Eastbrookend Park Race. Cross-Country Organisation – AF informed the Committee that all participants at the new Nuclear Races XC were required to sign a disclaimer before they took part in the event. Permission is awaited for a new parkrun at Barking Riverside. Barking parkrun has been asked if the new volunteer team can stage a ‘takeover’ for practice.  | **AGREED:**- Clacton 10K is not to be made GP due to the travel distance. This will be decided once we know if we are getting the deal on Big Half from Harmander. -Start to act on it from the XC race next Sunday 26/01/24. |
| **Item 12** | **Date/Time of next meeting** |  |
|  |  | **AGREED:**Our next meeting will be on Monday 19th February, 8pm, via Messenger. |